

## **Change Management for Managers**

## Course Outline

- 1. Understanding the process for leading change
  - a. Group discussion of the changes underway in the organization
- 2. Uncovering the concepts of change management
  - a. Organization and change readiness assessments
- 3. A look at the best practices data
  - a. Research findings analysis and group presentations
- 4. The ADKAR Model
  - a. Personal ADKAR worksheet
- 5. Roles for leading change (communicator, advocate, coach, liaison, and resistance manager)
  - a. Discussion of the communications packet from the project team(s)
  - b. Individual analysis of employee data; development of group and individual coaching plans for managing change
- 6. Resistance management
  - a. Understanding resistance
- 7. 10-steps for managing resistance
  - a. Next steps and action plans