



## Coaching with Feedback

### *How to be an Effective Coach*

You've probably heard people talking about coaching in the workplace. You might have even received some coaching in the past, or you might have used coaching to improve a person's performance, even if you didn't actually describe it as "coaching" at the time.

But what actually is coaching, and how do you use it? And what skills do you need to be an effective coach?

In this article, we'll look at the basics of coaching in the workplace. We'll clarify what it involves, and review the key approaches that you can use to be a successful coach. We'll also review some situations where coaching can be useful, and look at some examples of coaching questions.